Essence: Sweet children, practise being soul conscious and you will develop divine virtues, your

criminal thoughts will end and you will experience infinite happiness.

Question: In order to reform your behaviour and remain constantly happy, what should you always keep

in your awareness?

Answer: Always have the awareness that you are establishing your deity sovereignty. We are leaving

the land of death and going to the land of immortality. By doing this, you will remain very happy and your behaviour will be reformed because in order to go to the land of immortality, the new world, you definitely need the divine virtues. In order to attain self-sovereignty you

also have to bring benefit to many. You have to show the path to everyone.

Om shanti. You children should not consider yourselves to belong here. You now know that your kingdom, which was called the kingdom of Rama, or the sun-dynasty kingdom, had so much peace and happiness. We are now once again becoming deities. We became that previously too. We were the ones who were full of all virtues, the ones with divine virtues. We were in our kingdom. Now we are in the kingdom of Ravan. We were very happy in our kingdom. So, you should have a lot of happiness and faith inside you that you are once again going to your kingdom. Ravan snatched your kingdom away from you. You know that you had your own sun dynasty kingdom. We belonged to the kingdom of Rama and we had divine virtues. We were very happy and then Ravan snatched away our fortune of the kingdom. The Father has now come and is telling us the difference between that which was ours and that which is foreign to us. For half the cycle we were in the kingdom of Rama and then for the last half cycle we have been staying in the kingdom of Ravan. If children had faith in everything, you would remain happy and your behaviour would also be reformed. We are now very unhappy in the foreign kingdom. We are now happy in our own kingdom. Hindus, the people of Bharat, understand that they were unhappy under foreign rule, and that they are now happy in their own kingdom. However, this is temporary happiness, like the droppings of a crow. You children are now going to the world of permanent happiness. So you children should remain very happy inside. If you are not in knowledge, then it is as though your intellect is like stone. You children know that you will definitely claim your own kingdom. There is no question of any difficulty in this. We claimed our kingdom and we ruled for half the cycle. Then, Ravan completely destroyed everything we had. When the activity of a good child is spoilt, they say: Have you lost your sense? These are unlimited matters. You should understand that Maya has made you completely lose all your sense. We have continued to fall. The unlimited Father is now teaching us divine virtues. Therefore, the mercury of happiness should rise. When a teacher gives knowledge, the students become happy. This is unlimited knowledge. You have to check yourself: Do I have any devilish traits? If you don't become perfect, there will have to be punishment. However, why should we experience punishment? Therefore, you have to remember the Father from whom you receive this kingdom. We now have to imbibe the divine virtues we once had. There, as the king and queen, so the subjects; all have divine virtues. You understand divine virtues. If some don't understand about these, how could they develop them? They sing about being full of all virtues, and so you have to make effort and become like that. It takes effort to become that. There is a criminal eye. The Father says: Consider yourself to be a soul and all criminal thoughts will finish. The Father explains many methods to you. Those who have divine virtues are deities and those who don't have them are human beings. Both are human beings, but why are the deities worshipped? Because they have divine virtues, whereas the activities of human beings are like those of monkeys. They fight and quarrel so much amongst themselves. Such things do not exist in the golden age. They exist here though. Definitely, if you make a mistake, you have to tolerate that. If you are not soul conscious, you have to tolerate. The more soul conscious you become, the more divine virtues you will imbibe. You have to check yourself: Do I have divine virtues? The Father is the Bestower of Happiness and so the children's duty is to give everyone happiness. Ask your heart: Am I causing anyone sorrow? However, some people have such a habit that they cannot refrain from causing sorrow. They don't reform themselves at all; it is as though they are *jailbirds*. They consider themselves to be happy when they are in *jail*. The Father says: There, there are no jails. There is no sin committed that anyone would have to go to jail. Here, they have to experience

punishment in jail. You now understand that when you were in your own kingdom you were very wealthy. Those who belong to the Brahmin clan would understand that they are establishing their own kingdom. That place, which was the kingdom of the deities, was our kingdom. When a soul receives knowledge, he becomes happy. You definitely have to say: Living beings. When we living beings belonged to the deity religion, we had our kingdom throughout the whole world. This knowledge is for you. The people of Bharat do not understand that it used to be their kingdom and that they too were satopradhan. Only you understand all of this knowledge. So, we were deities and we have to become that now. Although there will be obstacles, you will continue to make progress day by day. Your name will continue to be glorified. Everyone will understand that this is a good organization and carrying out good work. You show a very easy path. It is said: You were satopradhan deities in your own kingdom. You have now become tamopradhan. No one else considers himself to be in Ravan's kingdom. You know that you were so pure and clean and that you have now become degraded. Whilst taking rebirth, your intellect changed from divine to stone. We are now establishing our own kingdom, and so you should have that enthusiasm and become engaged in making effort. Those who were engaged in this in the previous cycle will definitely engage themselves in this now. We are establishing our deity kingdom, numberwise, according to our efforts. You repeatedly forget this too. Otherwise, there would be a lot of internal happiness. Continue to remind one another to be manmanabhav. Remember the Father from whom you are now claiming your kingdom. This is nothing new. The Father gives us shrimat every cycle through which we imbibe divine virtues. Otherwise, we will have to experience punishment and then claim a low status. This is a very huge lottery. If you make effort now and claim a high status, you will continue to receive that every cycle. The Father explains to you so easily. Continue to explain at the exhibitions: You people of Bharat belonged to the kingdom of deities. Then, whilst taking rebirth and coming down the ladder, this is what you have become. Baba explains to you so easily. He is the Supreme Father, the Supreme Teacher and the Supreme Guru. There are so many of you students who continue to race. Baba also asks for a list of how many have become viceless and remain pure. It has been explained to you children that the soul sparkles in the centre of the forehead. The Father says: I too come and sit here (in the centre of the forehead) and play My own part. My part is to purify the impure. I am the Ocean of Knowledge. When children are born, some are very good and some are spoilt. They then become those who were amazed hearing the knowledge, who related the knowledge and who then ran away. Oh Maya! you are so powerful! Nevertheless, the Father says: Even if they do run away, where can they go? This Father is the only One who will take you across. The one Father is the Bestower of Salvation. However, no one knows this knowledge at all. Those who believed this in the previous cycle will believe it now. You have to reform your behaviour a great deal and you also have to do service. You have to bring benefit to many. Go and show the path to many others. Explain to everyone very sweetly: You people of Bharat were the masters of the world. You can now claim your kingdom back in this way. You understand that no one else can explain in the way that the Father explains to you. However, whilst moving along, you are defeated by Maya. The Father Himself says: Only by conquering the vices will you become conquerors of the world. Those deities became conquerors of the world. They must definitely have performed such actions. The Father has also explained to you the philosophy of karma. In the kingdom of Ravan, actions are sinful whereas in the kingdom of Rama, actions are neutral. The main thing is to conquer lust and to become a conqueror of the world. Remember the Father because you now have to return home. We are 100% certain that we will definitely claim our kingdom. However, we will not rule here. We claim the kingdom here and will then rule in the land of immortality. You even forget that you are now between the land of death and the land of immortality. This is why the Father repeatedly reminds you. You now have firm faith that you will go to your kingdom. This old kingdom is definitely going to end. In order to go to the new world you now definitely have to imbibe divine virtues. Talk to yourself in this way. Consider yourself to be a soul because you now have to return home. So, it is at this time that you have to consider yourself to be a soul. Then you won't have to return here to receive this knowledge. The five vices will not exist there that we would have to have yoga. It is at this time that you have to have yoga to become pure. There, all are reformed. Then, the degrees gradually

continue to decrease. This is very easy. Anger causes sorrow for people. The main thing is body consciousness. There, there is no body consciousness. By becoming soul conscious, you don't have a criminal eye. You become those with a civil eye. In the kingdom of Ravan, you have a criminal eye. You know that you remain very happy in your own kingdom. There is no lust or anger. You have a song based on this from the early days. These vices do not exist there. We have gained victory and been defeated many times. Whatever has happened from the golden age to the iron age has to repeat. The Father and Teacher continues to give you the knowledge He has. This spiritual Teacher is wonderful. God is the Highest on High and He is also the highest-on-high Teacher and He is making us into highest-on-high deities. You yourselves can see how the Father is establishing deityism. You yourselves are becoming deities. All of them now call themselves Hindus. It is explained to them that, in fact, there was the original eternal deity religion, whereas the other religions continue. It is only the deity religion that disappears. This is a very pure religion. There is no other religion as pure as this one. Now, because of not being pure, none of them can call themselves deities. You can explain that you belonged to the original eternal deity religion and that this is why you worship the deities. Those who worship Christ are Christians. Those who worship Buddha are Buddhists. Those who worship the deities are deities. So, why do you call yourselves Hindus? You should explain to them tactfully. If you simply told them that there is no Hindu religion, they would get upset. Tell them that they belonged to the original deity religion, and then they would understand that the ancient original religion is not the Hindu religion. The words "original and ancient" are fine. The deities were pure and are now impure and so they cannot call themselves deities. It happens like this every cycle. You were so wealthy in their kingdom. You have now become poverty-stricken. They were multimillionaires. The Father gives you very good yuktis. It is asked: Are you residents of the golden age or the iron age? If you belong to the iron age, you are definitely residents of hell. Those who are residents of the golden age would be residents of heaven. If you ask them such questions, they would understand that those who are asking these questions can definitely transform others and make them into deities. No one else can ask these questions. The path of devotion is separate. What is the fruit of devotion? It is knowledge. There is no devotion in the golden and silver ages. Through knowledge there is the day for half the cycle and through devotion, there is the night for half the cycle. Those who are to accept this will accept it. Those who do not accept anything do not accept knowledge or devotion. They only know how to earn money. You children are now establishing your kingdom with the power of yoga by following shrimat. Then, after half the cycle, you will also lose the kingdom. This cycle continues to turn. Achcha.

To the sweetest, beloved, long-lost and now-found children, love, remembrance and good morning from the Mother, the Father, BapDada. The spiritual Father says namaste to the spiritual children.

## **Essence for dharna:**

- 1. In order to benefit many, you have to make your words very sweet. Serve with sweet words. Become tolerant.
- 2. Understand the deep philosophy of karma and conquer the vices. Become deities who are conquerors of the world. Become soul conscious and make your *criminal* drishti *civil*.

**Blessing:** May you be an easy and constant yogi who always becomes powerful with the intoxication and faith of self-sovereignty.

To be a self-sovereign means to rule over all your physical senses. Your physical senses should not deceive you even in your thoughts. If there is the slightest body consciousness, you easily become forceful or angry. However, those who are self-sovereigns are constantly egoless and serve with humility. Therefore, stay in the intoxication and faith of being a self-sovereign soul. Through this you will become powerful. You will easily become easy and constant yogis, the conquerors of Maya and therefore the conquerors of the world.

**Slogan:** Be a *lighthouse* and remain *busy* in spreading *light* through your mind and intellect and you won't feel afraid of anything.